

Daily Dozen

Name 3 good things that have happened in the last 24 hours.

1

2

3

What are 3 challenges you face? What can you do to improve each?

1

2

3



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Daily Dozen

What are 3 things that you are grateful for? Past or Present.

1

2

3

What 3 things are you looking forward to in the future?

1

2

3



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