The Leitner Method is a method used when studying with flash cards. It helps you determine your level of knowledge of each card and how well you know the material overall. The Leitner Method allows you to make a game out of studying which can be fun!

### How to Use the Leitner Method

1. Start with Stack 1 which is all of your flash cards. Review each card.

2. Each card that is answered correctly will move from Box 1 to Box 2. Review every other day.

3. Each incorrectly answered card will stay in Box 1.

4. During your next review session, start with Stack 2.

5. Each card answered correctly will move up to Box 3. Review every 3-4 days.

6. Each card answered incorrectly will move back down to Box 1.

7. Continue this until all of your cards make it to Box 3. Review the cards at least once a week.

The Leitner Method is best for regular and consistent studying, but it can be adapted for cramming. The ideal number of days for reviewing before an exam is 5 or more days.

2-3 weeks is the suggested time frame for the Leitner Method, but it is a flexible studying method. You can use 3 or more boxes - customize this plan to fit your needs!

Apps we recommend for studying: LEEBA, Honey Word, Quizlet